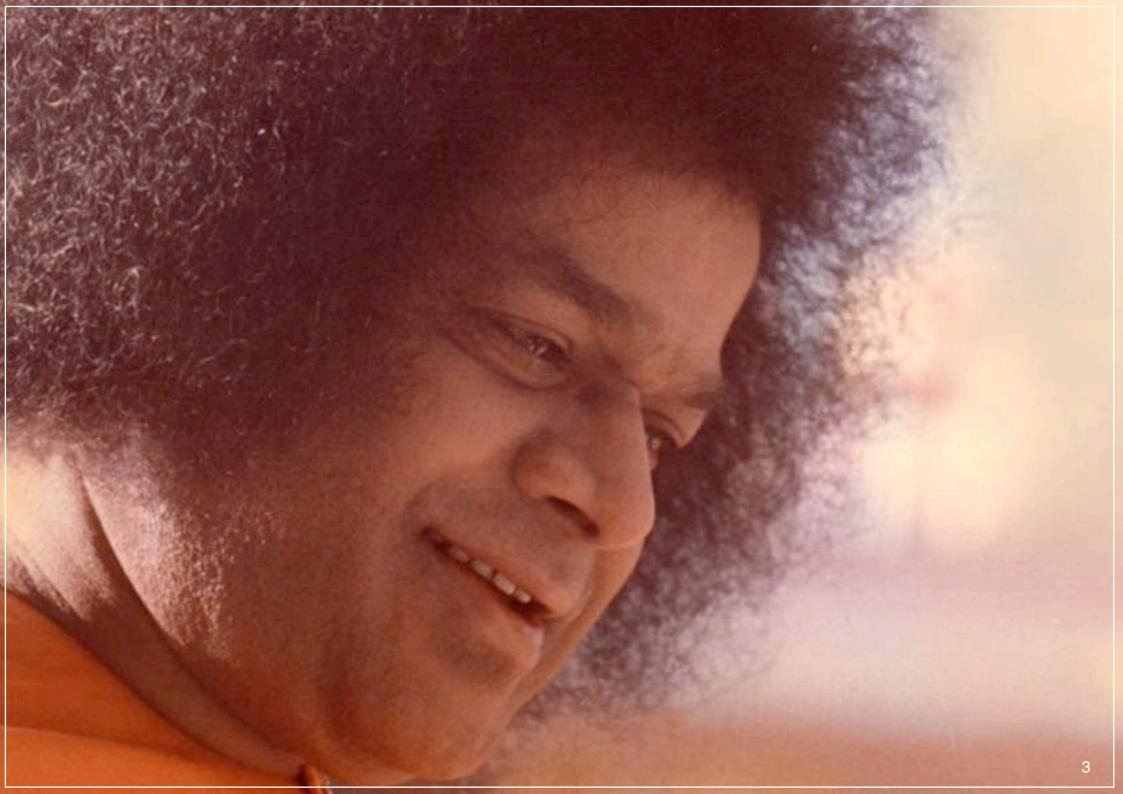
# TRAVEL GUIDE

SATHYA SALINTERNATIONAL ORGANISATION - ZONE 3



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- Zone 3 Chair: Neville Fredericks	
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"In all effort, if you trust in a Higher Power, which is ready to come to your help, work is made easy. This comes out of Bhakti, reliance on the Lord, the source of all Power. When you travel by train, you have only to purchase the ticket, enter the proper train and take a seat, leaving the rest to the engine. Why should you carry the bed and trunk on your head? So too, put your trust in the Lord and carry on to the best of your ability."

Sathya Sai Speaks, Vol. 1

Zone 3 YA Coordinator 🦯

Shiva Karan

Dear Young Adults,

#### Aum Sai Ram!

Welcome to Beyond 2020, a forum to build and unite an interactive, exciting and contemporary platform for the Young Adults of Zone 3 to engage with each other and inspire one another. As we come together from Australia, New Zealand and Fiji, let's **IGNITE** the flame within our hearts and journey forward on the Sai train, as we draw nearer to Swami with each passing moment, to **serve** together with the common purpose of **love**.

In New Zealand or as Swami affectionately says 'New Sai-land', we are blessed by Mother Nature's beauty and reminded of the **interconnectedness** and **love** that binds us all. Together, may we recognise the common Divine Heritage that unites us as one family, illuming the path laid down before us, and forge ahead towards our singular vision for the Zone 3 Young Adults.

With the theme **IGNITE**, we have a unique opportunity to rise above our individual and national boundaries, affirming to create a lasting **legacy** that can be preserved and passed onto future generations beyond2020. The festival will shine a light on:

- 1. Morality 'Change begins in us'
- 2. Spirituality 'You and I are one'
- 3. Humanity 'Service to man is service to God'

*Morality* will spark focus on the importance of character, as individual transformation leads to world transformation. *Spirituality* focuses on having a constant awareness of our oneness with Swami, and cultivating a strong direct connection with God. *Humanity* will spark focus on gratefulness and the opportunity to contribute to society.

May this festival for Young Adults of Zone 3, burn with divine energy and love, as we laugh, learn and IGNITE our hearts together. Our mission on Sai's train has begun!

With love, Shiva Karan Zone 3 Young Adult Coordinator Zonez Chair Neville Fredericks

Dear Brothers and Sisters,

Om Sai Ram

A loving Sai welcome to all attendees at the Zone 3 Young Adult Conference, Hamilton New Zealand.

The Conference titled, Beyond 2020, with the theme "Ignite", seeks to inspire and empower us with an increased awareness of our inner Divinity.

Sri Sathya Sai Baba states that, "We should recognise that there is Divinity in everyone. Man has all the potencies; the power of attraction, the power to transmit that power and the power to be a source of attraction to all."

This potential is Divine Love. In every human heart there is an inexhaustible spring of Love. As we spiritualise our lives, our ability to release this love to all is enhanced, and with that comes an incomparable, inexpressible joy.

May delegates ignite this inner flame of Love, as the conference program takes us through deeper explorations of Morality, Spirituality and Humanity.

At this conference, with His grace, may we all be energised and inspired to become even greater beacons of light and love, of truth and righteousness in our families, workplaces and in our communities.

Neville Fredericks Zone 3 Chair



# Vision of Beyond 2020

- To create a legacy that can be preserved and passed onto future generations, and take Sathya Sai Baba's mission of love and service beyond the landmark of the year 2020 through leading by example.
- To discuss, reflect and share Saideas on humanity, morality and spirituality.
- To address challenges as a unified body.
- To rise above our individual and national boundaries, and contribute towards forming a united vision for the Zone 3 Young Adults.

### FESTIVAL OVERVIEW

Day 1

4:00pm -

9:30pm

Day 2

6:30am -

10:00pm

Day 3

6:30am -

10:00pm

The IGNITE Ember Games!

Inspiring talks by Guest Speakers

Breakout sessions on morality, spirituality & humanity Musical journey by the Sai Symphony Daily Devotional Singing and Nagarsankeertan Your questions answered: Q+A panel session Battle of Sosaities: World Religions Game Show Creative presentations from all around the zone The Ignite Sparkzone Exhibits SAIx: Saideas worth sharing Festival resolutions designed by YOU

Friday 30th March - Monday 2nd April

國心

Day 4

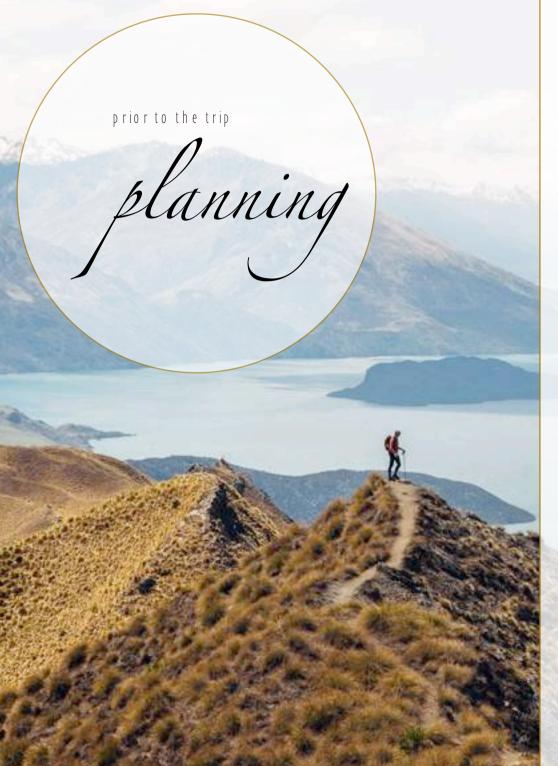
6:00am -

1:00pm

festival

quidelines

- Segregation in the form of mutual respect between males and females must be maintained at all times including meal times and accommodation.
- 2. Please arrive promptly to all sessions.
- 3. Breakfast and snack bags will be available at 7:30am at Alcamo Hotel.
- 4. Lights out at 10.30pm. Please do not leave your room after this curfew time.
- 5. Please ensure your clothing is modest and appropriate for a spiritual retreat. The suggested dress code is for smart, casual and comfortable clothing, either western or eastern attire.
- 6. Please attend all sessions of the conference. "Heart to Heart" discussions and equal participation between all devotees are highly encouraged. Please respect each other and always speak softly and sweetly.
- 7. Please ensure you take your personal belongings back with you at the end of each day and avoid leaving them at the conference venue.
- 8. Please ensure your mobile phones are either switched off or set to flight mode/silent throughout the conference to avoid any distractions to yourself and fellow delegates.
- 9. Please follow the instructions of the volunteers and conference coordinators at all times, including meal times and in the event of emergency.
- 10. As a courtesy to the public and the locals, please reduce noise levels around the conference venue and your accommodation area.
- 11. Above all, please have fun!



#### HAVE YOU GOT THIS?

- **Passport**: Is it up to date? You need a valid passport to enter New Zealand. New Zealand requires three months remaining on your passport to enter.
- **Visa**: Have you checked the entry requirements
- Vaccinations: Are all your routine vaccinations up to date?
- **Travel insurance**: Are you covered? Travel insurance is essential, even in New Zealand.
- **Booking**: Have you booked your flights? Flight prices are on the high, so get in there book your flights as soon as possible!

#### DID YOU KNOW?

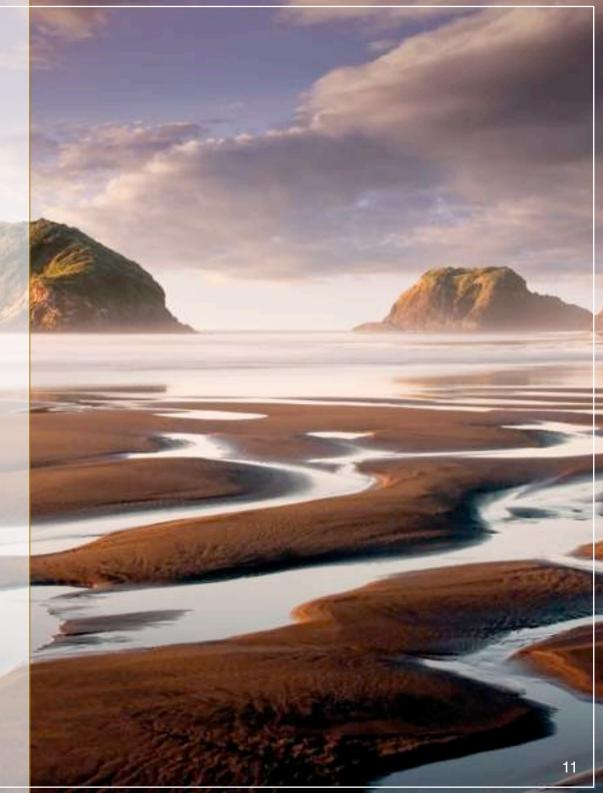
 New Zealand uses the same type of electrical plugs as Australia, so you won't need an adapter if you are traveling from Australia. Those traveling from other countries, please bring an adaptor

#### TRAVEL TIPS FOR NEW ZEALANDERS!

- Please carpool as much as possible, as parking spots are limited at both the conference venue and Alcamo Hotel.
- Please plan accordingly and allow sufficient time for your travel due the Easter long weekend extra traffic.

#### TRAVEL TIPS FOR VISITORS!

- We recommend wearing Sai appropriate clothing whilst you travel as you may not get a chance to change before arriving at either the Sai Aroha Centre (Auckland) for coach pick up, the Alcamo Hotel (Hamilton) or the conference venue.
- You'll find money exchange counters at airports and in tourist areas, hotels and banks. You're unlikely to get the best rate at the airport, but remember you'll need New Zealand dollars as soon as you arrive in the country.
- It is recommended that you have at least 100 NZD available for any costs that are not covered by the registration fees (Registration Fees only cover accommodation, food and travel costs during the festival dates).



whatto bring

- Clothing
  - Please ensure your clothing is modest and appropriate for a spiritual festival. The suggested dress code is for smart, casual and comfortable clothing.
  - The weather is expected to be cold at this time of the year in Hamilton. Please ensure you bring adequate warm clothing (e.g. jeans, long sleeve tops, jumpers, jacket, scarf, gloves, socks, etc.). We advise to wear layers of clothing which can be removed or worn easily when required.
  - Delegates are requested to bring Sai appropriate clothing suitable for outdoor sports games (e.g. T-Shirt (long sleeves), track pants, etc.)
- Towel
- Appropriate sleepwear (it will be extremely cold overnight, so pack warm clothes)
- Toiletries (e.g. toothbrush, toothpaste, soap, shampoo, shaving razor, etc.)
- All rooms have beds with linen and a pillow. If you would like additional warmth, you might also consider bringing a sleeping bag.
- Reusable water bottle
- Notebook and sharpie/marker
- Small umbrella (optional)
- Insect repellent (optional)
- Raincoat (optional)
- Your personal prescription medications, panadol/nurofen, if required
- Adaptor for visitors traveling from countries other than Australia (FYI: New Zealand uses the same type of electrical plugs as Australia)

accommodation

quidelines

- All delegates must register upon arrival at the Conference Venue on Friday, 30th March 2018. Registration will commence at 1:00pm.
- Accommodation check-in for delegates staying at the Alcamo Hotel will commence on Friday, 30th March 2018 at 10:00am. Transport to the Conference Venue after check-in will be provided in the afternoon. Details regarding bus timings will be communicated at check-in.
- Delegates are requested to have some form of photo identification readily available • upon arrival.
- Throughout the stay at Alcamo hotel, male and female delegates are to be • segregated, unless you are assigned to a room as a family.
- Room allocations will be randomised to make sure there is a good balance of ٠ delegates in each room and to allow us to connect with new brothers and sisters from across zones. Please remain and sleep in the room which has been assigned to you. If there are any special allocation requests please email logisticsb2020@gmail.com prior to the festival.
- Please keep rooms clean to the expected standards. Cleanliness is next to Godliness! •
- Each room will be assigned to a room lead who will be responsible for that room. •
- All rooms feature either a King/Queen/Double Bed and a Single Bed, Electric • blankets, Heating/Fan, fridge, Tea and Coffee making facilities, along with FREE WIFI. The Two Bedroom Apartment features Microwave oven, Cook- top, Crockery, Cutlery and cooking facilities.

Key places Sai Aroha Centre 30B Ben Lomond Crescent (off Cascades Road) Pakuranga, Auckland Alcamo Hotel 29 Ulster Street Whitiora, Hamilton

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Conference Venue University of Waikato (Gate 2B -Academy of Performing Arts, Knighton Road) Hillcrest, Hamilton

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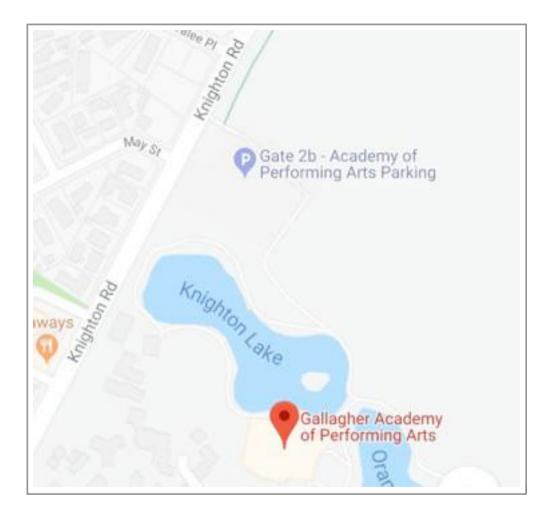


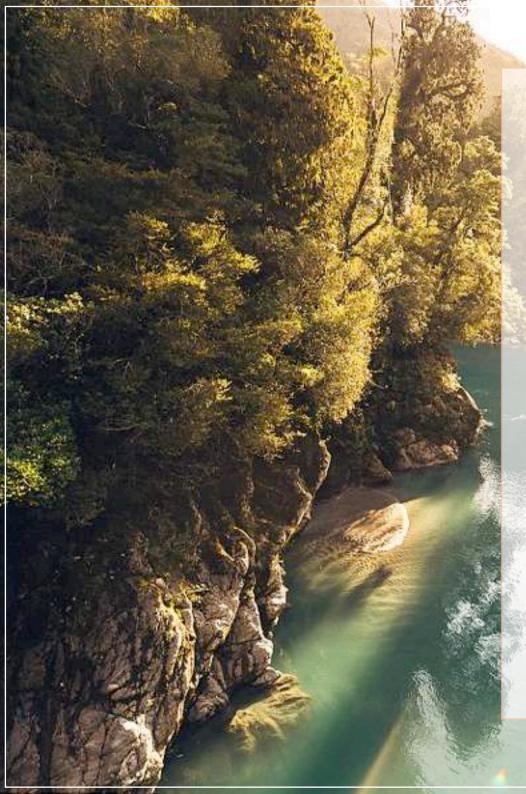


If you require assistance with accommodation and transport before and after the conference and haven't heard from our logistics team, please kindly email <u>logistics.b2020@gmail.com</u>

Emergency contact numbers will be emailed closer to the Festival.

#### conference venue





## did you know?

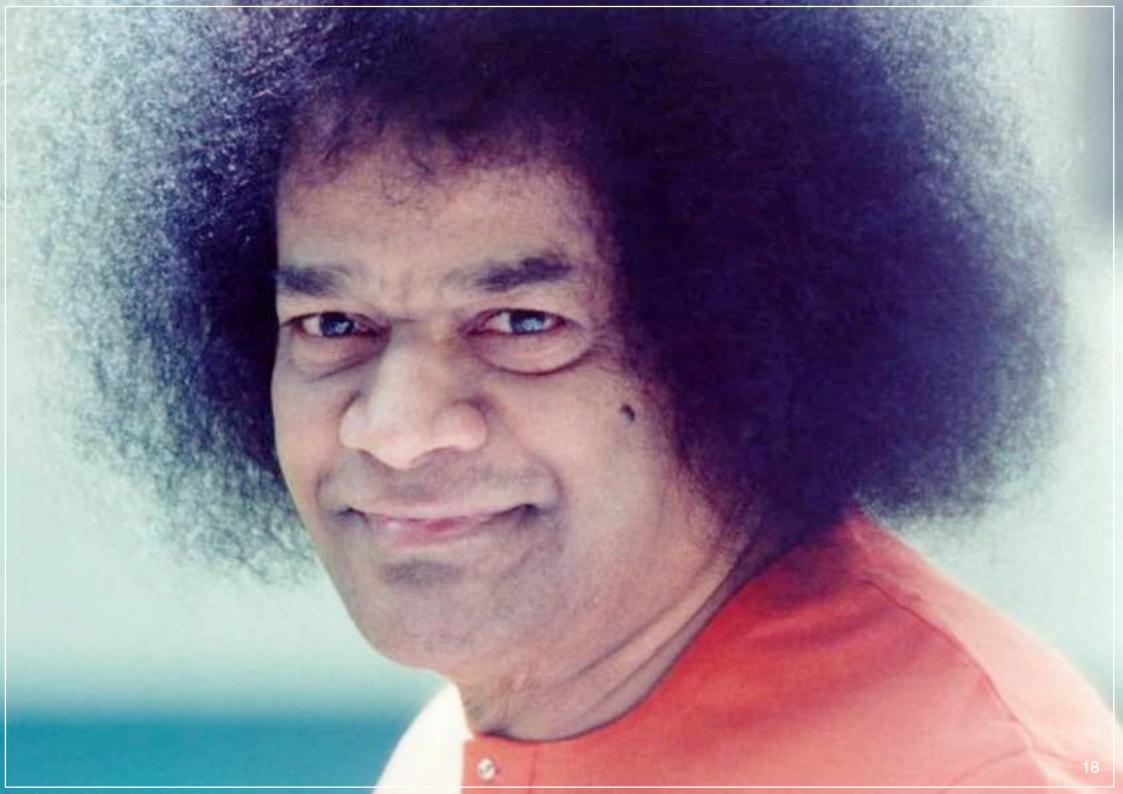
The Māori name for NZ is Aoetaroa ("land of the long white cloud") & Hamilton is Kirikiriroa ("long stretch of gravel"). Try using it in your next conversation!

In 1990, the NZ prime minister appointed a National Wizard. Unfortunately, applications were only for Kiwis!

Can't sleep from all the excitement of Beyond2020? Don't worry, count sheep in New Zealand! There are more of them than humans over there. In fact, only 5% of the living population are humans.

Here's another really good reason to visit New Zealand – there are no snakes in the country! No wonder our Zone 3 Young Adults Coordinator chose New Sai Land as the destination for Beyond2020!

Although it is around the size of Japan, New Zealand's population is just over four million, making it one of the world's least populated countries. Just imagine all the beautiful extra space for all!





Please note, the photos used in this guide are taken from various sources from Google, including the following:

https://mashable.com/2016/01/08/new-zealand-in-photos/ https://www.mountainphotography.com/gallery/new-zealand/ https://www.kiwiblog.co.nz/2013/11/wednesday wallpaper sunrise at lake rotoiti nelson lakes.html http://adamfoster.photography/animal-portrait/coastal-sheep-new-zealand/ https://www.nzgeo.com/photography/best-of-landscape/